

Primary School Curriculum Guide



International School Ho Chi Minh City



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The IB Mission and the Primary Years Programme (PYP)

The International Baccalaureate© aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

To this end the organization works with schools, governments and international organizations to develop challenging programmes of international education and rigorous assessment.

These programmes encourage students across the world to become active, compassionate and lifelong learners who understand that other people, with their differences, can also be right. - IB mission statement

The International School of Ho Chi Minh City (ISHCMC) is committed to delivering the International Baccalaureate (IB) Programmes. In the Primary School, the Primary Years Programme (PYP) is followed from Early Explorers to Grade 5.



The Primary Years Framework

The PYP curriculum framework emphasizes the central principle of agency that is threaded throughout the three pillars of the curriculum: the learner, learning and teaching and the learning community. Augmenting the focus of the "written, taught, and assessed" curriculum with the human elements-—the learner and the learning community—underlines that everyone connected to the school community has voice, choice and ownership to impact learning and teaching. These holistic components complement and reinforce each other to form a coherent whole.



The learner: describes the outcomes for individual students and the outcomes they seek for themselves (what is learning?)

Learning and teaching: articulates the distinctive features of learning and teaching (how best to support learners?)

The learning community: emphasizes the importance of the social outcomes of learning and the role that IB communities play in achieving these outcomes (who facilitates learning and teaching?)



The International School of Ho Chi Minh City Primary School



Our Vision

To create an inspiring world of education by building self-belief and empowering individuals to succeed.



Our Mission

We inspire wellbeing and learning so that our diverse, internationally-minded community flourish as energized, engaged and empowered learners.



Our Values

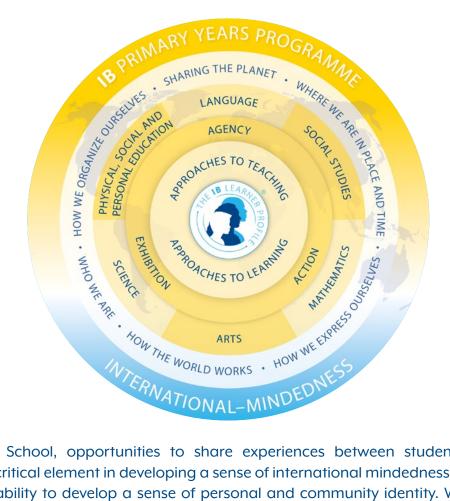


ISHCMC Principles of Learning

- Every learner is capable of achieving their goals within an environment where there is an appropriate balance of standards, challenge, and support.
- Learning builds on prior knowledge and experiences and is contextual, meaningful, and valuable.
- Learning is an active process that takes time and is strengthened through opportunities for error, practice, reflection, and further revision of ideas.
- Motivation is a key factor in learning.
- Learning is effective when adapted to meet each individual's abilities.
- Learning should take place in a safe and engaging environment.
- Learning should encompass personal, local and global issues with the aim to make a better world.

The Primary School sets out to meet the diverse needs of the students through the Primary Years Programme, by ensuring that learning is engaging, relevant, challenging and significant. The school follows a transdisciplinary model, whereby themes of global significance frame the learning throughout the primary years, including early childhood. This means that students are encouraged to make connections between subject areas, and traditional curriculum areas are used as lenses to help students inquire into big ideas.

The PYP is both a curriculum framework and a philosophy that facilitates structured inquiry. Through inquiry, the students are encouraged to question, wonder, doubt, speculate and generalize as part of their learning journey to construct meaning about the world around them. Students have the opportunity to explore significant local and global issues and are also encouraged to consider situations critically from multiple viewpoints.



In our Primary School, opportunities to share experiences between students, parents and teachers are a critical element in developing a sense of international mindedness. This begins with each student's ability to develop a sense of personal and community identity. We encourage all members of our community to share their personal histories as well as their cultural identities. In gaining an appreciation of themselves, the students are then exposed to other cultures, making use of our diverse student population. With this in mind, celebrations of our diverse cultures are encouraged throughout the Primary School. We invite students, their families and friends to lead these events, whether it is reading stories to students in English or in another language, sharing food or celebrating festivals. We will reach out to the community for support prior to these events. We also hold an International Day once a year, in which parent participation is essential and this is often the highlight of the year for our community, bringing students, staff and parents together to celebrate our uniqueness.

The PYP encourages students to become independent learners, and ISHCMC encourages them to make connections between life in school, life at home and life in the world. By helping students to see that learning is connected to life, a strong foundation for future learning is established.

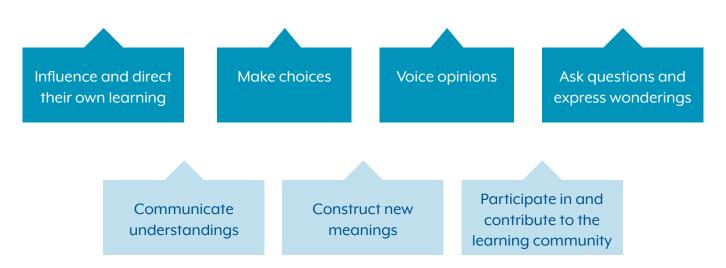
Our Understanding

Our understanding of the learner is the foundation of our approach to learning and teaching. Children inquire, question, wonder and theorize about themselves, others and the world around them. They are keen observers and explorers. Through their experiences and interactions, they naturally develop intricate, multi-layered perceptions and understandings. Throughout the PYP, a student is an agent for their own and others' learning through the concept of learner agency. Learner agency is connected to a student's belief in their ability to succeed (self-efficacy).

Self-Efficacy

When teachers acknowledge learner agency and the importance of self-efficacy, students become partners in the learning process. In this partnership, teachers work alongside students, meet with small groups and individuals as needed, and monitor learning and provide feedback.

Students demonstrate agency when they:



Agency

Conceptualized by Albert Bandura in social cognitive theory, agency "enable[s] people to play a part in their self-development, adaptation, and self-renewal with changing times" (Bandura 2001).

PYP students with agency use their own initiative and will, and take responsibility and ownership of their learning. They direct their learning with a strong sense of identity and self-belief, and in conjunction with others, thereby building a sense of community and awareness of the opinions, values and needs of others.

When learners have agency, the role of the teacher and student changes; the relationship between a teacher and student is viewed as a partnership.



How Teachers at ISHCMC Support Agency

Students learn by doing. Teachers create opportunities for agency in the classroom by involving students in the following activities.

Establishing a respectful and welcoming culture. Collaborate with students to create shared agreements about how to interact with others to create a culture of respect and trust where all students feel welcomed, significant and emotionally safe.

Creating shared routines. Ask for students' input into developing routines around arrival, transitions, communication signals, meetings, clean up and dismissal.

Setting up the learning spaces. Ask students to help set up and arrange learning spaces that make them feel safe physically and where they can access learning materials, make choices and take risks.

Making decisions about learning. Involve students in making decisions about what, why and how they learn—as co-collaborators in the learning community. Allow time to respond to students' ideas about action.

Communicating expectations. Clarify what knowledge, conceptual understandings, skills and dispositions the students are learning, and why.

Playful Inquiry

All PYP learners at ISHCMC are provided opportunities to explore social, emotional and academic learning through a conceptual and inquiry based approach. Students interact through a range of structured and free inquiry and are given voice, choice and ownership of their learning. In doing so, learning is authentic, relevant and purposeful and has value and worth now, not just for the future, to our learners. Supporting students 'to learn how to learn' is foundational in fostering 'a lifelong learner' mindset. For all children, and particularly in the Early Years and Lower Primary, we believe that play is a natural catalyst for inquiry where learning is playing, playing is learning and learning can be playful and fun!

At ISHCMC, we foster a culture of curiosity and support hands-on learning where students can inquire into the natural world, physical laws, organization skills, social interactions and more. During meaningful inquiries, learners are constructing and testing theories in addition to observing, questioning, making connections and drawing conclusions. Through inquiry based learning, teachers facilitate the learning and work in partnership with our students to co-construct and create meaningful learning experiences. Teachers provide a range of intentional queries, provocations, challenges and learning engagements. Inquiry through play fosters a culture of inclusivity, where more learners are actively engaging more of the time. Teachers document, monitor, support and plan in response to our students' understanding and theories to further challenge students to form new theories or draw conclusions and provide opportunities for on-going reflection and feedback on the learning.

The Learner Profile - The IB Mission Statement in Action

The aim of all IB programmes is for students to develop and demonstrate international-mindedness. It is a multifaceted concept that captures a way of thinking, being and acting. Internationally minded students are open to others and to the world, and are cognizant of our deep interconnectedness. The learner profile supports students in developing international-mindedness and in taking action for positive change. Exercising their agency, students take ownership of their learning, express their ideas and opinions, and reflect on their development of the learner profile attributes (IB 2017).



IB learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

As IB learners we strive to be:

INQUIRERS

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

KNOWLEDGEABLE

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

THINKERS

We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

COMMUNICATORS

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

PRINCIPLED

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

OPEN-MINDED

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

CARING

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

RISK-TAKERS

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

BALANCED

We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national and global communities.



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A Transdisciplinary Curriculum Framework

The PYP curriculum framework centers on transdisciplinary learning as the curriculum organizer for students to experience learning between, across and beyond traditional subject boundaries. It is an in-depth guide to authentic inquiry-based learning and teaching that is engaging, significant, challenging and relevant.

PYP schools strive towards deeper implementation of transdisciplinary learning in their curriculums and communities by committing to a foundational set of principles found in *Programme standards and practices (PSP)*. These foundational principles ensure quality and fidelity in the implementation of all IB programmes at IB World Schools..

The PYP curriculum framework and the PSP framework work in conjunction to provide schools with the guidance needed to meet the quality standard of a PYP programme, and to encourage schools to develop and improve programmes that fit their contexts and educational aims. As schools use the PYP curriculum framework to organize their curriculums and communities, they can use the PSP framework to develop the environment, culture, policies and processes that support effective practice and exemplify the IB mission.

A Transformative Programme:

The transformative nature of the PYP lies in its commitment to student learning in a transdisciplinary context, embedded in the curriculum framework and connected across key elements of the programme. It is a fundamental PYP belief that for early and primary years learners, continuous integration and connection of prior and new knowledge and experiences is the most meaningful way to broaden their understanding about the world. "When a curriculum approach goes across, between and beyond subjects, and emphasizes participatory and integrated learning, it honors the learners' curiosity, questions and voice, for whom the curriculum is intended" (Beane 1995). Transdisciplinary learning in the PYP refers to learning that is not confined within the traditional subjects but is supported and enriched by them.



Elements of the PYP Framework

Exploring the Elements

Effective teaching, Albright (2016: 532) believes, "is implicitly transdisciplinary", and, by design, multiple elements of the PYP bring to life transdisciplinary learning and teaching. These elements provide the foundation for students to develop transdisciplinary thinking, to explore real-life issues and to effect change. They support the development of "internationally minded people who recognize their common humanity and shared guardianship of the planet" (IBO 2017: 2).



Learning Through the Transdisciplinary Themes

The transdisciplinary themes mark the starting point of student inquiries. It is within the context of each theme that students explore related central ideas and assimilate knowledge. These themes engage the learning community in rich dialogues and ongoing collaboration to build an understanding of themselves, their wider community and the world. Designed to have enduring value regardless of the geography or background of IB World Schools and students, the six themes provide guidance for what students will inquire into (figure 6). They:

Encapsulate our shared commonalities	Indicate the complexity and the connectedness of the human condition globally	Invite students to engage in dialogues about real issues in the world	Allow for authentic embeddedness of subject areas	Contribute to the uniqueness of the PYP
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Transdisciplinary Themes*

Transdisciplinary Themes	Descriptions
Who we are	An inquiry into the nature of the self; beliefs and values; personal, physical, mental, social and spiritual health; human relationships including families, friends, communities and cultures; rights and responsibilities; what it means to be human.
Where we are in place and time	An inquiry into orientation in place and time; personal histories; homes and journeys; the discoveries, explorations and migrations of humankind; the relationships between, and the interconnectedness of, individuals and civilizations from local and global perspectives.
How we express ourselves	An inquiry into the ways in which we discover and express ideas, feelings, nature, culture, beliefs and values; the ways in which we reflect on, extend and enjoy our creativity; our appreciation of the aesthetic.
How the world works	An inquiry into the natural world and its laws; the interaction between the natural world (physical and biological) and human societies; how humans use their understanding of scientific principles; the impact of scientific and technological advances on society and on the environment.
How we organize ourselves	An inquiry into the interconnectedness of human-made systems and communities; the structure and function of organizations; societal decision-making; economic activities and their impact on humankind and the environment.
Sharing the planet	An inquiry into rights and responsibilities in the struggle to share finite resources with other people and with other living things; communities and the relationships within and between them; access to equal opportunities; peace and conflict resolution.

*See Annex 1 for ISHCMC's Programme of Inquiry

Concepts an Conceptual Understanding

A Concept-Driven Curriculum

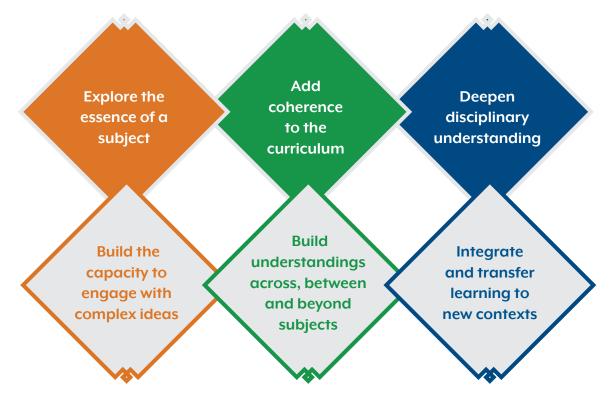
Concept-based inquiry is a powerful vehicle for learning that promotes meaning and understanding, and challenges students to engage with significant ideas. This is central to the Primary Years Programme (PYP) philosophy. "Purposeful inquiry is supported by a concept-driven curriculum" (Wiggins, McTighe 2005).

A concept-driven curriculum is the means through which students develop their conceptual understandings. Students co-construct beliefs and mental models about how the world works based on their experiences and prior learning. They integrate new knowledge with their existing knowledge and apply these understandings in a variety of new contexts. They learn to recognize patterns and see the connections between discrete examples to strengthen conceptual understandings.

Concepts

"A concept is a 'big idea' - a principle or notion that is enduring and is not constrained by a particular origin, subject matter or place in time" (Erickson 2008). Concepts represent ideas that are broad, abstract, timeless and universal. Concepts add depth and rigour in student thinking to the traditional 'two-dimensional' curriculum consisting of facts and skills. Concepts place no limits on breadth of knowledge or on depth of understanding, and therefore are accessible to every student.

Concepts help to:



Concepts are powerful, broad and abstract organizing ideas that may be transdisciplinary or subject based. They represent the vehicle for students' inquiry into the opportunities and challenges of local and global significance. Concepts are concise; they are usually represented by one or two words.

Key Concepts

The PYP identifies seven key concepts (see table) that facilitate planning for a conceptual approach to transdisciplinary and subject-specific learning. Together, these key concepts form the component that drives the teacher- and/or student-constructed inquiries that lie at the heart of the PYP curriculum.

Key Concepts	Key Questions	Definition
Form	What is it like?	The understanding that everything has a form with recognizable features that can be observed, identified, described and categorized.
Function	How does it work?	The understanding that everything has a purpose, a role or a way of behaving that can be investigated.
Causation	Why is it as it is?	The understanding that things do not just happen; there are causal relationships at work, and that actions have consequences.
Change	How is it transforming?	The understanding that change is the process of movement from one state to another. It is universal and inevitable.
Connection	How is it linked to other things?	The understanding that we live in a world of interacting systems in which the actions of any individual element affect others.
Perspective	What are the points of view?	The understanding that knowledge is moderated by different points of view which lead to different interpretations, understandings and findings; perspectives may be individual, group, cultural or subject-specific.
Responsibility	What are our obligations?	The understanding that people make choices based on their understandings, beliefs and values, and the actions they take as a result do make a difference.

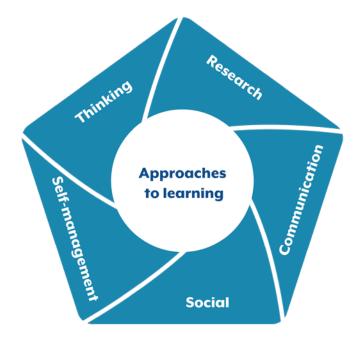
Key concepts drive learning experiences and help to frame a unit of inquiry. By identifying and investigating key concepts, students learn to think critically about big ideas. This may be done through broad, open-ended questions in an inquiry. When concepts are viewed as a set of questions, the inquiry is directed, purposeful and manageable.

The questions associated with the key concepts in the table are a starting point. They represent an introduction to a way of thinking about learning and teaching. They can be used in any order and as regularly as the students and teachers require. There can be more than one concept in an inquiry. In collaboration with students, teachers identify and document the most relevant key concepts in each unit. While the seven concepts have been identified in the curriculum framework, they are not the only concepts worth exploring, and schools are encouraged to add to this list.

Approaches to Learning (ATLs)

Approaches to learning (ATLs) are an integral part of an IB education and complement the learner profile, knowledge, conceptual understanding and inquiry.

These skills are grounded in the belief that learning how to learn is fundamental to a student's education. Five categories of interrelated skills aim to support students of all ages to become self regulated learners who know how to ask good questions, set effective goals and pursue their aspirations with the determination to achieve them. These skills also help to support students' sense of agency, encouraging them to see their learning as an active and dynamic process (IBO 2017).



Although the ATL are relevant from 3 to 19 years of age, it is particularly important for PYP teachers to interpret these skills in ways that are appropriate for early and primary years learners. All teachers foster and support the development of these skills by providing opportunities embedded in authentic learning experiences.

Categories	EE - KG
Thinking Skills	 Critical-thinking skills (analysing and evaluating issues and ideas) Creative-thinking skills (generating novel ideas and considering new perspectives) Transfer skills (using skills and knowledge in multiple contexts) Reflection/metacognitive skills ((re)considering the process of learning)
Research Skills	 Information-literacy skills (formulating and planning, data gathering and recording, synthesizing and interpreting, evaluating and communicating) Media-literacy skills (interacting with media to use and create ideas and information) Ethical use of media/information (understanding and applying social and ethical technology)

Communication Skills	 Exchanging-information skills (listening, interpreting, speaking Literacy skills (reading, writing and using language to gather and communicate information) ICT skills (using technology to gather, investigate and communicate information)
Social Skills	 Developing positive interpersonal relationships and collaboration skills (using self-control, managing setbacks, supporting peers) Developing social-emotional intelligence
Self Management Skills	 Organization skills (managing time and tasks effectively) States of mind (mindfulness, perseverance, emotional management, self-motivation, resilience)

Action: How Do We Want the Students to Act?

Students at ISHCMC are encouraged to take action as a result of their learning. Action can be a demonstration of a sense of responsibility and respect for themselves, others and the environment. Action usually begins in a small way but arises from genuine concern and commitment. Action as a result of learning often happens beyond the classroom, and teachers at ISHCMC are always keen to know about action that the students take outside of school.



Assessment

All IB programmes are informed by assessment, as indicated in the IB approaches to teaching. While assessments look different in each programme, all IB assessment methods are varied and fit for purpose.

Assessment is central to the Primary Years Programme (PYP) goal of thoughtfully and effectively supporting students through the acquisition of subject-specific knowledge and skills, the understanding of concepts and the development of approaches to learning.

The development of knowledge, conceptual understandings and skills requires that both teachers and students demonstrate assessment capability.

Characteristics of Effective Assessment

Highly effective assessment shares some key characteristics (Adapted from Clarke 2012).



Authentic:

It supports making connections to the real world to promote student engagement.



Clear and Specific:

This includes desired learning goals, success criteria and the process students use to learn.



Varied:

It uses a wider range of tools and strategies that are fit for purpose in order to build a well-rounded picture of student learning.



Developmental:

It focuses on an individual student's progress rather than their performance in relation to others.



Collaborative:

It engages both teachers and students in the assessment development and evaluation process.



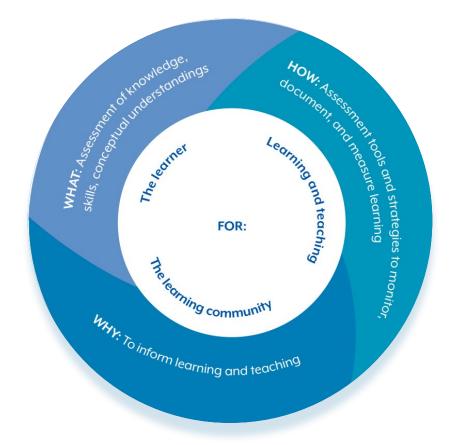
Interactive:

Assessment encompasses ongoing and iterative dialogues about learning.



Feedback to Feedforward:

It provides feedback on current learning to inform what is needed to support future learning (Hattie, Timperley 2007) and raises students' motivation.



At ISHCMC, Students are assessed by homeroom teachers and specialist teachers. Each student has the opportunity to share their assessments with their parents at regular intervals throughout the year during conferences, our learning support management system (Toddle) and end of semester reports.

Pre-assessment:

Conducted before or at the beginning of new learning to inform planning, teaching, and learning.

Formative assessment:

Integrated into daily teaching and learning, providing ongoing feedback to inform instruction.

Summative assessment:

Takes place at the end of a teaching and learning cycle, allowing students to demonstrate what they have learned. Within a unit of inquiry, it measures understanding of the central idea.

Self-assessment:

Learners take an active role in evaluating their own performance.

Peer assessment:

Learners provide feedback on each other's learning, fostering discussion, explanation, and challenge.

Baseline and tracking assessments:

Allow teachers to monitor Student Progress Over Time.

We promote the use of a range of assessment tools and strategies that are designed to give a clear picture of a student's prior knowledge and progress. These include:

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STRATEGIES

Observations Conducted throughout the teaching and learning cycle, formally and informally, focusing on whole-class and individual learning.

Performance assessments Goal-directed tasks with established criteria, often open-ended.

Process-focused assessment Regularly observing students, collecting multiple observations to enhance reliability and synthesize evidence.

Selected responses Single-occasion, one-dimensional exercises such as tests and quizzes.

Open-ended tasks Presenting students with a stimulus and asking for an original response.

Rubrics

Established sets of criteria used for scoring or rating children's tests, portfolios, or performances. Rubrics can be developed by both teachers and students.

TOOLS

Benchmarks and exemplars

Samples of children's work that serve as standards against which other samples are judged.

Checklists

Lists of information, data, attributes, or elements that should be present.

Anecdotal records

Brief written notes based on observations of children.

Continua

Visual representations of developmental stages of learning, showing a progression of achievement or identifying a child's position in a process.



Measure of Academic Progress

MAP (Measures of Academic Progress) testing is an assessment tool administered at ISHCMC to measure a student's academic growth over time. Unlike traditional standardized tests, MAP testing is adaptive, meaning the difficulty of the questions adjusts based on how well a student is performing.

Students are assessed in subjects such as math, reading, and science. The test is taken on a computer and consists of a series of questions. If a student answers a question correctly, the subsequent questions become more challenging. Conversely, if a student answers incorrectly, the questions become easier. This adaptive nature allows the test to pinpoint a student's current academic level with greater accuracy.

MAP testing provides valuable data to teachers, parents, and students themselves. It helps identify areas where a student excels and areas where they may need additional support. MAP assessments are conducted twice a year, at the beginning and end, helping teachers, parents, and students understand proficiency levels, inform teaching strategies, and reflect on progress.

Learning Progressions Grade 1 to Grade 5

As part of our commitment to supporting your child's learning journey, we have a range of assessments to monitor and understand where your child is at both in mathematics and reading. At the end of each semester, we provide a learning progression report that incorporates the results from these assessments and tells us about your child's learning.



Numeracy Assessment

Our numeracy assessment evaluates the mathematical skills your child is working at and towards. It focuses on key mathematical concepts and skills, such as number knowledge, counting, basic operations, and early problem-solving strategies. Through one-on-one interviews, teachers observe how students approach and solve mathematical problems, providing insights into their current level of understanding and next steps guiding steps of instruction.



Reading Level Assessment

The reading level assessment helps us determine your child's reading level by assessing their accuracy, fluency, and comprehension. During this one-on-one assessment, your child reads a leveled text aloud while the teacher records their reading behaviors and asks comprehension questions. This allows us to identify your child's instructional reading level and tailor reading activities to support their growth as confident and proficient readers. approach and solve mathematical problems, providing insights into their current level of understanding and next steps guiding steps of instruction.

We believe that regular and continuous assessments are key to fostering your child's academic growth. Providing learning progressions to parents is another way we share where your child is performing in Language and Mathematics.

Documenting, Measuring and Reporting on Learning

The PYP framework integrates processes for documenting, measuring, and reporting on learning to ensure a holistic and continuous approach to understanding and supporting student development.

Documenting Learning

Documenting Learning: Involves capturing and recording students' learning processes, progress, and achievements through methods such as work samples, photographs, videos, reflections, and teacher observations. This helps visualize students' learning journeys, enabling reflection on growth and identification of areas for improvement. We document to inform our teaching and learning as well as to collect evidence of student learning. Documentation of learning in the form of student work, displays and reports are shared with families.



Measuring Learning

Measuring Learning: Refers to assessing students' knowledge, skills, and understanding against established learning objectives or rubrics. This includes formative and summative assessments such as testing for knowledge and understanding through quizzes, interviews, projects, presentations and performance tasks. Diverse assessment methods are used to gauge how well students have achieved learning outcomes, providing data to guide instruction and support student progress.

Reporting on Learning

Reporting on Learning: Involves communicating students' progress and achievements to stakeholders such as students, parents, and administrators. Methods include reports shared on Toddle, parent-teacher conferences, student-led conferences, and digital portfolios. Reporting aims to provide clear, accurate information about student performance, highlighting strengths, areas for growth, and next steps in their learning journey. It promotes transparency and collaboration among all involved in your childs learning journey.

Conferences and Reports

Parents, teachers and students are all viewed as partners in learning. Progress in learning is reported in a variety of ways: parent-teacher conferences, three-way conferences, student-led conferences, and semester reports. Parents are expected to attend all of the conferences. Parents are always welcome to arrange conferences at school and, likewise, the school may initiate a conference with parents at any time during the year.

Written reports are published online two times a year to inform you of your child's progress in all subjects. If you have any questions or concerns regarding your child's report, please do not hesitate to speak to the teacher concerned.

Parent Workshops and Curriculum Newsletters

The beliefs, values and approaches of the PYP can be different compared to the curriculum that many families are used to. For this reason, ISHCMC believes strongly in communicating both the theory and the practices of the PYP.

Teachers host a curriculum evening for parents at the beginning of the academic year to explain the curriculum plans for the upcoming year and answer any questions you have about the grade and how it works. Parent workshops are also organized throughout the year for parents to attend and learn more about the programme and at the beginning of each unit, Unit Overviews are shared on Toddle.

Parents are encouraged to come to parent workshops and take the time to read the Unit Overview to stay informed about the learning happening in the classroom.

Learning Support

Learning Support at ISHCMC is provided by specialists. The needs and supports of students are individualized and are based on a response to intervention model. Learning support staff work in collaboration with the classroom teachers with identified students. This practice is exceptional, data based, and is regularly reviewed. Students who receive support are issued an individualized plan and parents are regularly informed of their progress. Learning support staff are always happy to discuss children's individual needs with parents by appointment. External referrals may be recommended when necessary.

Academic Honesty

Academic honesty at the Primary School means that students engage in the inquiry process as principled learners and critical thinkers who respect the ideas of others. Students will develop an understanding of what academic honesty is and why it is important to be academically honest.

Students will learn:

others



Ultimately, **we aim for the students to take action for themselves** by applying their understanding, knowledge, skills and attitudes to take the initiative in being academically honest, and to take pride in their own accomplishments.

self-discipline

The Grade 5 Exhibition (PYPX)



At ISHCMC, students in their final year of the PYP (Grade 5) participate in the Exhibition (PYPx) that represents a significant event in the life of a PYP school and student, synthesizing the essential elements of the PYP and sharing them with the whole school community. As a culminating experience it is an opportunity for students to exhibit the attributes of the International Baccalaureate (IB) learner profile that have been developing throughout their engagement with the PYP.

Parents and students from ISHCMC are invited to attend the Grade 5 PYPx.

Language and Technology

English Language

Language is fundamental to learning, thinking and communicating. Structured, purposeful inquiry is the main approach to teaching and learning language in the PYP although other teaching strategies and styles may also be used. Language is developed across the whole curriculum and as a result all teachers at ISHCMC are language teachers, who model and teach the use of language. Learning takes place in authentic contexts, and literature plays a special role in enabling this to happen.

Students learn language when they are using it through speaking, listening, reading and writing in order to understand and express ideas. Teachers provide opportunities for this to happen in a safe and stimulating environment in order to encourage risk-taking and learning.

Our aim is to develop students' ability to express themselves fluently, confidently and accurately in oral, written and visual communication systems.



World Language Programme (Kindgergarten to Grade 5)

The World Language Programme at Primary offers Kindergarten through to Grade 5 students a comprehensive and engaging learning experience focusing on languages and cultures.

Language A - Vietnamese:

Language A is designed for students who already have a strong grasp of Vietnamese, often because they speak or have a solid foundation in the language at home. The focus is on following a Vietnamese curriculum that includes advanced study of the language, literature, and cultural aspects relevant to Vietnamese-speaking communities.

This pathway is a unique opportunity for students who are already proficient in Vietnamese, offering them the privilege of advanced study within a Vietnamese curriculum.

Language B - Vietnamese, Mandarin, and Spanish:

Language B is an acquisition option designed to introduce students to a new language and help them gain proficiency in Vietnamese, Mandarin, or Spanish. This program is tailored for students learning these languages as additional languages and may need to gain prior fluency or familiarity with them. The program is structured to include a sequence of differentiated levels, supporting students at various stages of language acquisition.

It starts from introductory levels and progresses through more advanced stages, ensuring that learners receive the appropriate instruction and practice at each level to develop their language skills effectively.

English as an Additional Language (EAL)

At The International School of Ho Chi Minh City, we welcome students from around the world. Our students join us with diverse cultural identities and language profiles. As students begin their English language learning journey, we recognize that each one of them comes to us with a wealth of knowledge and skills. The English as an Additional Language (EAL) department seeks to assist students in integrating into an English-speaking environment so that they feel comfortable at our school. EAL teachers work alongside homeroom teachers to plan, teach, and assess students' understanding of our curriculum. To enable students' confidence, students will be grouped appropriate to their English Language Proficiency level and receive language lessons at their level. The support targets specific English language instruction through the four language domains: speaking, listening, reading, and writing. We encourage students to use their home language(s) while they are developing their English skills.

At ISHCMC, we use literature from around the world to embrace the student body's multiculturalism. English support incorporates the various genres of literature and connects to the current unit of inquiry studied in the class at that time.

EAL teachers formally report on students currently on levels one through four on the Primary School EAL continuum. The reports include observations and describe the students' abilities within the language strands addressed in the continuum. In addition, EAL teachers attend parent-teacher conferences and three-way conferences.

Information and Communication Technology (ICT)

In the PYP, the ever-increasing impact of Information and Communication Technologies (ICT) on teaching and learning is recognized. The use of technologies is integrated as much as possible into student inquiries.

ICT provides opportunities for the enhancement of learning, and may significantly support students in their inquiries, and in developing their conceptual understanding. At ISHCMC, technology is considered as a tool for learning, albeit with its own set of skills, as opposed to an additional subject area.

Use of ICT

The following six ICT skills are relevant to all learners. Each skill is transdisciplinary and will support learning both within the transdisciplinary program of inquiry and within the subject areas:



Investigating	Investigating is to carry out a purposeful inquiry or research, to test existing understanding, discover new information and create new understanding. Through investigation, learners critically evaluate a variety of sources, making connections and synthesizing findings to apply knowledge to real- life contexts.
Creating	Creating is a process through which learners are provided with an opportunity to innovate and test boundaries. Learners construct meaning, apply critical thinking and original ideas to real-world situations, and share knowledge through self expression, problem-posing and problem-solving, and reflection.
Communicating	Communicating is the exchange of information with various audiences using a range of media and formats. Effective communicators contribute to cross-cultural understanding, make informed choices when deciding on tools to articulate meaning, and provide relevant, significant feedback to others.
Collaborating	Collaborating is the process through which learners validate and negotiate ideas and reach a deeper understanding and a global perspective. Learners are empowered through digital media and environments and through active participation in creating and sharing knowledge.
Organising	Organizing is the ability to structure or arrange connected items. Learners understand that ICT systems can be used to inform, adapt, manage, and problem-solve during their creative, communicative, collaborative and investigative processes. Learners make connections, transfer existing knowledge and independently explore new technologies.
Becoming a Responsible Digital Citizen	Becoming a responsible digital citizen involves using ICT to make informed and ethical choices while acting with integrity and honesty. In a globally connected digital world, learners are empowered to be responsible for their actions, to value others' rights and to practise safe and legal behaviours.

Library

The library is viewed as the hub of a PYP school, in which students develop essential information and literacy skills by accessing a range of media and texts.

Students will visit the library on a scheduled basis with their class once a week. All students will borrow books to take home during this time. Parents and students are welcome to visit the library at other times when the librarian is present.

Annex 1: ISHCMC 2024-25 Programme of Inquiry

• Early Explorers Matrix

CI MATRIX	Who We Are	How We Express Ourselves	How the World Works	Sharing the Planet	Where We Are in Place and Time	How We Organise Ourselves
Transdisciplinary Theme Descriptor	An inquiry into the nature of the self; beliefs and values; personal, physical, mental, social and spiritual health; human relationships including families, friends, communities, and cultures; rights and responsibilities; what it means to be human.	Inquiry into the ways in which we discover and express ideas, feelings, nature, culture, beliefs and values; the ways in which we reflect on, extend and enjoy our creativity; our appreciation of the aesthetic	An inquiry into the natural world and its laws; the interaction between the natural world (physical and biological) and human societies; how humans use their understanding of scientific principles; the impact of scientific and technological advances on society and on the environment.	An inquiry into rights and responsibilities in the struggle to share finite resources with other people and with other living things; communities and the relationships within and between them; access to equal opportunities; peace and conflict resolution.	An inquiry into orientation in place and time; personal histories; homes and journeys; the discoveries, explorations and migrations of humankind; the relationships between and the interconnectedness of individuals and civilizations, from local and global perspectives.	An inquiry into the interconnectedness of human-made systems and communities; the structure and function of organisations; societal decision- making; economic activities and their impact on humankind and the environment.
Early Explorers 2/3	Understanding ourselves and others helps us to grow and build respectful relationships	Stories live in our world and can be creatively expressed.	The process of investigation leads to new discoveries and knowledge.	Plants keep us and the earth healthy		
Early Explorers 4	Understanding ourselves and others helps us to grow and build respectful relationships	People recognise important events through celebrations (year long)				Our communities are organized to help us learn together
KG	Understanding ourselves and others helps us to grow and build respectful relationships	The ways in which we discover, extend and enjoy creativity	Our world is influenced by motion	Living things have relationships within their environment		

International School of Ho Chi Minh City Programme of Inquiry Grades 1 to 5 Matrix

CI MATRIX	Who We Are	How We Express Ourselves	How the World Works	Sharing the Planet	Where We Are in Place and Time	How We Organise Ourselves
Transdisciplinary Theme Descriptor	An inquiry into the nature of the self; beliefs and values; personal, physical, mental, social and spiritual health; human relationships including families, friends, communities, and cultures; rights and responsibilities; what it means to be human.	Inquiry into the ways in which we discover and express ideas, feelings, nature, culture, beliefs and values; the ways in which we reflect on, extend and enjoy our creativity; our appreciation of the aesthetic	An inquiry into the natural world and its laws; the interaction between the natural world (physical and biological) and human societies; how humans use their understanding of scientific principles; the impact of scientific and technological advances on society and on the environment.	An inquiry into rights and responsibilities in the struggle to share finite resources with other people and with other living things; communities and the relationships within and between them; access to equal opportunities; peace and conflict resolution.	An inquiry into orientation in place and time; personal histories; homes and journeys; the discoveries, explorations and migrations of humankind; the relationships between and the interconnectedness of individuals and civilizations, from local and global perspectives.	An inquiry into the interconnectedness of human-made systems and communities; the structure and function of organisations; societal decision- making; economic activities and their impact on humankind and the environment.
Grade 1	Understanding ourselves and others helps us to grow and build respectful relationships	Our creativity allows us to express our ideas and share our thinking	Materials have properties that can be manipulated for different purposes	Our use of resources and materials impacts us and our planet	A community depends on people working together	Landmarks can help us connect to people and places
Grade 2	Understanding ourselves and others helps us to grow and build respectful relationships	People celebrate traditions in different ways to express culture	Understanding the systems of the body can help us make responsible, healthy choices	Living things depend on their environment to survive	Journeys lead to challenges and opportunities	Markets produce goods and services that can be traded or exchanged
Grade 3	Understanding ourselves and others helps us to grow and build respectful relationships	Skills and techniques influence how performers connect with their audience	Forces affect the movement of objects	We share responsibility for our world's future	Individuals have shaped the future through their actions	Citizens make choices that impact communities
Studio 4	Understanding ourselves and others helps us to grow and build respectful relationships	Our audience influences the way we communicate	Through investigating materials, people can manipulate and change them for a purpose	Humans impact the Earth's climate	Exploring historical evidence provides insight into the past	Cultural beliefs and values shape who we are
Studio 5	Understanding our brains helps us to make choices that support our wellbeing	Media can influence our thinking and decision making	Natural phenomena impact people and the environment	Students write their own central ideas	Exploration leads to discoveries, opportunities and new understandings	Government systems and decisions can promote or deny equal opportunities and social justice

Annex 2:

Descriptions of Subject Areas and Their Strands



English Language



Language is a complex web of connections that transcends the artificial separations of subjects. When the three aspects of learning language, learning about language and learning through language, operate together in a relevant context, they provide the most supportive learning environment for language learners.

At ISHCMC we develop students' use of language, appreciation of language, awareness of the nature of language, of the many influences on language, and of the variety in and between languages and dialects. Students recognize the transdisciplinary nature of language—they use language within and across the subjects and in a way that transcends them, both inside and outside the classroom. They should be encouraged to recognize that competency in language—and in more than one language—is a valuable life skill, a powerful tool both in societal communication and as a means of personal reflection. Furthermore, learning that language and literature are creative processes encourages the development of imagination and creativity through self-expression.

What Do We Want Students to Know?

The PYP has identified three strands—oral language, visual language, written language—that are learned across and throughout the curriculum, with each strand being an integral component of language learning. Each strand has been considered from both the receptive aspect—receiving and constructing meaning, and expressive aspect—creating and sharing meaning. While the receptive and expressive aspects are clearly reciprocal, the processes involved in receiving and constructing meaning are different from those involved in creating and sharing meaning. The learner's ability to understand language and use it effectively varies in different situations and from one individual to another. For this reason, it is important to distinguish between these two modes of learning and the demonstrated proficiencies associated with them. For example, a learner may listen attentively and reveal understanding through written or visual representations, but may require support to communicate ideas orally in the classroom.

The acknowledgment of both the receptive and expressive aspects of the language strands serves to ensure that teachers will be aware of the need to provide a balanced programme. Opportunities to listen Language in the Primary Years Programme 6 Language scope and sequence to, and receive, ideas and information in oral form should be balanced with opportunities to express ideas orally. In visual language, learners will view and interpret other people's work and create and share their own presentations. The interwoven receptive and expressive aspects of the oral and visual strands are represented in one continuum for each strand. In written language, learners will experience reciprocal gains as they develop skills and understanding in reading and writing. The strands of oral, visual and written language have been described separately, and are represented by four continuums: listening and speaking; viewing and presenting; reading; writing.

Oral Language - Listening and Speaking	Listening and speaking are natural, developmental processes that infants and young children are immersed in from their earliest experiences. Almost all children arrive at school with an impressive command of their home and family languages. However, the expectations and approach to language development in school is often very different from the successful learning environment the child has previously experienced. In the transition from home to school, or from one school to another, it is important to acknowledge the language profile of the individual and build on previous learning in ways that are positive and productive. Oral language encompasses all aspects of listening and speaking—skills that are essential for ongoing language development, for learning and for relating to others. Listening (the receptive mode) and speaking (the expressive mode) work together in a transactional process between listeners and speakers
Visual Language - Viewing and Presenting	Viewing and presenting are fundamental processes that are historically and universally powerful and significant. The receptive processes (viewing) and expressive processes (presenting) are connected and allow for reciprocal growth in understanding; neither process has meaning except in relation to the other. It is important to provide a balanced programme with opportunities for students to experience both viewing and presenting. These processes involve interpreting, using and constructing visuals and multimedia in Language in the Primary Years Programme Language scope and sequence 7 a variety of situations and for a range of purposes and audiences. They allow students to understand the ways in which images and language interact to convey ideas, values and beliefs. Visual texts may be paper, electronic or live, observable forms of communication that are consciously constructed to convey meaning and immediately engage viewers, allowing them instant access to data. Examples of visual texts are: advertisements, brochures, computer games and programs, websites, movies, posters, signs, logos, flags, maps, charts, graphs, diagrams, illustrations, graphic organizers, cartoons and comics. Learning to interpret this data, and to understand and use different media, are invaluable life skills.

Reading is a developmental process that involves constructing meaning from text. The process is interactive and involves the reader's purpose for reading, the reader's prior knowledge and experience, and the text itself. It begins to happen when the young learner realizes that print conveys meaning and becomes concerned with trying to make sense of the marks on the page. The most significant contribution parents and teachers can make to success in reading is to provide a captivating range of picture books and other illustrated materials to share with beginning readers. Enthusiasm and curiosity are essential ingredients in promoting the desire to read. Children of all ages need to experience and enjoy a wide variety of interesting, informative, intriguing and creative reading materials.

Written Language - Reading

Reading helps us to clarify our ideas, feelings, thoughts and opinions. Literature offers us a means of understanding ourselves and others, and has the power to influence and structure thinking. Well written fiction provides opportunities for learners to imagine themselves in another's situation, reflecting on feelings and actions, and developing empathy. The ability to read and comprehend nonfiction is essential for the process of inquiry. As inquirers, learners need to be able to identify, synthesize and apply useful and relevant information from text. Teachers should provide a balance between fiction and non-fiction, to meet the range of learning needs and interests of their students.

Children learn to read by reading. In order to develop lifelong reading habits, learners need to have extended periods of time to read for pleasure, interest, and information, experiencing an extensive range of quality fiction and non-fiction texts. As learners engage with interesting and appealing texts, appropriate to their experiences and developmental phase, they acquire the skills, strategies and conceptual understanding necessary to become competent, motivated, independent readers.

Written Language - Writing Writing is a way of expressing ourselves. It is a personal act that grows and develops with the individual. From the earliest lines and marks of young learners to the expression of mature writers, it allows us to organize and communicate thoughts, ideas and information in a visible and tangible way. Writing is primarily concerned with communicating meaning and intention. When children are encouraged to express themselves and reveal their own "voice", writing is a genuine expression of the individual. The quality of expression lies in the authenticity of the message and the desire to communicate. If the writer has shared his or her message in such a way that others can appreciate it, the writer's intention has been achieved. Over time, writing involves developing a variety of structures, strategies and literary techniques (spelling, grammar, plot, character, punctuation, voice) and applying them with increasing skill and effectiveness. However, the writer's ability to communicate his or her intention and share meaning takes precedence over accuracy and the application of skills. Accuracy and skills grow out of the process of producing meaningful communication.

Children learn to write by writing. Acquiring a set of isolated skills will not turn them into writers. It is only in the process of sharing their ideas in written form that skills are developed, applied and refined to produce increasingly effective written communication.





Mathematics



The mathematics component of the curriculum of the PYP encompasses measurement, shape and number, and their many applications to students' everyday lives. Mathematics provides opportunities for students to engage in investigations into measurement, shape and number, and allows them to communicate in a language that is concise and unambiguous. Mathematics concepts and skills can also be applied to solve a variety of real-life problems. Students apply their mathematical reasoning to a number of situations in order to find an appropriate answer to the problems they wish to solve.

In the PYP, the mathematics component of the curriculum should be driven by concepts and skills rather than by content. The key concepts are inevitably influential in driving the curriculum, but there are many other related mathematics concepts that provide further understanding of the subject.

Mathematics scope and sequence identifies the expectations considered appropriate in the PYP. Within each of these interconnected strands, there should be a balance between the acquisition of knowledge and skills and the development of conceptual understanding. The mathematics knowledge component is arranged into five strands: **data handling, measurement, shape and space, pattern and function and number.**

In the pattern and function and number strands, students and teachers inquire into number systems and their operations, patterns and functions. They become fluent users of the language of mathematics as they learn to understand its meanings, symbols and conventions.

Data handling, measurement and shape and space are the areas of mathematics that other disciplines use to research, describe, represent and understand aspects of their domain. Mathematics provides the models, systems and processes for handling data, making and comparing measurements, and solving spatial problems. These three strands are, therefore, best studied in authentic contexts provided by the transdisciplinary units of inquiry.

What Do We Want Students to Know?

Data Handling	 Data handling allows us to make a summary of what we know about the world and to make inferences about what we do not know. Data can be collected, organized, represented and summarized in a variety of ways to highlight similarities, differences and trends; the chosen format should illustrate the information without bias or distortion. Probability can be expressed qualitatively by using terms such as "unlikely", "certain" or "impossible". It can be expressed quantitatively on a numerical scale.
Measurement	To measure is to attach a number to a quantity using a chosen unit. Since the attributes being measured are continuous, ways must be found to deal with quantities that fall between numbers. It is important to know how accurate a measurement needs to be or can ever be.
Shape and Space	The regions, paths and boundaries of natural space can be described by shape. An understanding of the interrelationships of shape allows us to interpret, understand and appreciate our two-dimensional (2D) and three dimensional (3D) world.
Pattern and Function	To identify pattern is to begin to understand how mathematics applies to the world in which we live. The repetitive features of patterns can be identified and described as generalized rules called "functions". This builds a foundation for the later study of algebra
Number	Our number system is a language for describing quantities and the relationships between quantities. For example, the value attributed to a digit depends on its place within a base system. Numbers are used to interpret information, make decisions and solve problems. For example, the operations of addition, subtraction, multiplication and division are related to one another and are used to process information in order to solve problems. The degree of precision needed in calculating depends on how the result will be used.



Science



The science area of the PYP encompasses science and its applications. In the PYP, the science component of the curriculum should be driven by concepts and skills rather than by content. The key concepts are inevitably influential in driving the curriculum, but there are many other related science concepts that provide further understanding of the subject.

Science Strands:

Living Things	The study of the characteristics, systems and behaviours of humans and other animals, and of plants; the interactions and relationships between and among them, and with their environment. Related concepts: adaptation, animals, biodiversity, biology, classification, conservation, ecosystems, evolution, genetics, growth, habitat, homeostasis, organism, plants, systems (digestive, nervous, reproductive, respiratory).
Earth and Space	The study of planet Earth and its position in the universe, particularly its relationship with the sun; the natural phenomena and systems that shape the planet and the distinctive features that identify it; the infinite and finite resources of the planet. Related concepts: atmosphere, climate, erosion, evidence, geography, geology, gravity, renewable and non-renewable energy sources, resources, seasons, space, sustainability, systems (solar, water cycle, weather), tectonic plate movement, theory of origin.
Materials and	The study of the properties, behaviours and uses of materials, both natural and human made; the origins of human-made materials and how they are manipulated to suit a purpose.
Matter	Related concepts: changes of state, chemical and physical changes, conduction and convection, density, gases, liquids, properties and uses of materials, solids, structures, sustainability.
Forces and	The study of energy, its origins, storage and transfer, and the work it can do; the study of forces; the application of scientific understanding through inventions and machines.
Energy	Related concepts: conservation of energy, efficiency, equilibrium, forms of energy (electricity, heat, kinetic, light, potential, sound), magnetism, mechanics, physics, pollution, power, technological advances, transformation of energy.



Social Studies



In the PYP, social studies is essentially about people: how they think, feel and act; how they interact with others; their beliefs, aspirations and pleasures; the problems they have to face; how and where they live (or lived); how they interact with their environment; the work they do; and how they organize themselves.

Social Studies Strands:

Human Systems and Economic Activities	The study of how and why people construct organizations and systems; the ways in which people connect locally and globally; the distribution of power and authority. Related concepts: communications, conflict, cooperation, education, employment, freedom, governments, justice, legislation, production, transportation, truth.
Social Organization and Culture	The study of people, communities, cultures and societies; the ways in which individuals, groups and societies interact with each other. Related concepts: artifacts, authority, citizenship, communication, conflict, diversity, family, identity, networks, prejudice, religion, rights, roles, traditions.
Continuity and Change Through Time	The study of the relationships between people and events through time; the past, its influences on the present and its implications for the future; people who have shaped the future through their actions. Related concepts: chronology, civilizations, conflict, discovery, exploration, history, innovation, migration, progress, revolution
Human and Natural Environments	The study of the distinctive features that give a place its identity; how people adapt to and alter their environment; how people experience and represent place; the impact of natural disasters on people and the built environment. Related concepts: amenities, borders (natural, social and political), dependence, geography, impact, landscape, locality, ownership, population, regions, settlements



The Arts



Arts are built into the curriculum as essential areas of learning. Students are required to engage in a range of performing arts (dance, drama, music) and visual arts experiences. Please note that specific arts teachers are not necessarily required, although some teachers may have specific responsibilities in the arts. Issues related to school size, organization and staffing will determine the structuring of arts components of the programme.

Two common strands—creating and responding—have been identified that apply across the different art forms and define the critical artistic processes. These intrinsically connected strands are concept-driven and have been designed to interact with each other, working together to support the overall development of the students. Between each of these interconnected strands, there should be a balance between the acquisition of knowledge and skills, and the development of conceptual understanding. Students should be made aware of the inevitable links to other areas of the curriculum in order to understand the interconnected nature of the subjects, with one another and with the transdisciplinary themes.

Responding

The process of responding provides students with opportunities to respond to their own and other artists' works and processes, and in so doing develop the skills of critical analysis, interpretation, evaluation, reflection and communication. Students will demonstrate knowledge and understanding of the concepts, methods and elements of dance, drama, music and visual arts, including using specialized language. Students consider their own and other artists' works in context and from different perspectives in order to construct meaning and inform their own future works and processes.

The responding strand is not simply about reflecting; responding may include creative acts and encompasses presenting, sharing and communicating one's own understanding. By responding to their own artwork and that of others, students become more mindful of their own artistic development and the role that arts play in the world around them.



Creating

The process of creating provides students with opportunities to communicate distinctive forms of meaning, develop their technical skills, take creative risks, solve problems and visualize consequences. Students are encouraged to draw on their imagination, experiences and knowledge of materials and processes as starting points for creative exploration. They can make connections between their work and that of other artists to inform their thinking and to provide inspiration. Both independently and collaboratively, students participate in creative processes through which they can communicate ideas and express feelings.

The creating strand provides opportunities for students to explore their personal interests, beliefs and values and to engage in a personal artistic journey



Physical Education



At ISHCMC we focus on 3 strands within our Physical Education, active living, interactions and movement skills.

Active Living:

An understanding of the factors that contribute to developing and maintaining a balanced, healthy lifestyle; the importance of regular physical activity; the body's response to exercise; the importance of developing basic motor skills; understanding and developing the body's potential for movement and expression; the importance of nutrition; understanding the causes and possible prevention of ill health; the promotion of safety; rights and the responsibilities we have to ourselves and others to promote well-being; making informed choices and evaluating consequences, and taking action for healthy living now and in the future.

Regular exposure to all kinds of physical learning experiences will enable students to make informed choices throughout their lives. A balanced curriculum includes the following types of experiences.

Individual Pursuits	The development of basic motor skills and the body's capacity for movement through locomotor and manipulative skills and/or experiences; the techniques, rules and purpose of a range of athletic activities (for example, track and field, swimming, skating, skiing); recognizing a high level of achievement and how to improve a performance.
Movement Composition	Recognizing that movements can be linked together and refined to create a sequence of aesthetic movements. Movements can be in response to stimuli or performance elements and/or criteria and can communicate feelings, emotions and ideas (for example, gymnastics, dance*, martial arts).
Games	Recognizing the challenges presented by games; the importance of manipulating space; the categorizing of games; identifying and developing appropriate skills and strategies; recognizing the importance of rules and how they define the nature of a game; modifying existing games and creating new games; teamwork.
Adventure Challenges	A variety of tasks requiring the use of physical and critical-thinking skills by individuals and/or groups; challenges that require groups to work together collaboratively in order to solve problems and accomplish a common goal; recognizing the role of the individual in group problem solving.
Health-Related Fitness	Recognizing and appreciating the importance of maintaining a healthy lifestyle; the body's response to exercise including the interaction of body systems and the development of physical fitness.



Personal and Social Education (PSE)



Identity

An understanding of our own beliefs, values, attitudes, experiences and feelings and how they shape us; the impact of cultural influences; the recognition of strengths, limitations and challenges as well as the ability to cope successfully with situations of change and adversity; how the learner's concept of self and feelings of self-worth affect his or her approach to learning and how he or she interacts with others.

Interactions

An understanding of how an individual interacts with other people, other living things and the wider world; behaviours, rights and responsibilities of individuals in their relationships with others, communities, society and the world around them; the awareness and understanding of similarities and differences; an appreciation of the environment and an understanding of, and commitment to, humankind's responsibility as custodians of the Earth for future generations

All curriculum areas provide an opportunity to utilize the approaches to learning. The PSPE component of the curriculum also provides opportunities for students to:









International School Ho Chi Minh City





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